

Selected list of **recent** publications with current and former graduate students
(highlighted in yellow are students)

A) Practice-Oriented research

Castonguay, L.G., Barkham, M., **Youn**, S.J., & Page, A.C. (2021). Practice-based evidence: Findings from routine clinical settings. In M. Barkham, W. Lutz, & L.G., Castonguay (Eds.). Bergin and Garfield's handbook of psychotherapy and behavior change (7th edition). New York: Wiley.

Castonguay, L.G., Barkham, M., Lutz, W., & **McAleavey**, A.A. (2013). Practice-oriented research: Approaches and application. In M.J. Lambert (Eds.). Bergin and Garfield's handbook of psychotherapy and behavior change (sixth edition). New York: Wiley.

Castonguay, L.G., **Constantino**, M.J., & **Xiao**, H. (2019). Integrating research and practice. In J.C. Norcross & M.R. Goldfried (Eds) Handbook of psychotherapy integration (3rd Edition). New York: Oxford University Press.

Castonguay, L.G., **Youn**, S.J., **Xiao**, H., Muran, J.C., & Barber, J.P. (2015). Building clinicians-researchers partnerships: Lessons from diverse natural settings and practice-oriented initiatives. Psychotherapy Research, *25*, 166-184.

Youn, S.J., Castonguay, L.G., & **Xiao**, H. (2018). Practice research networks: Where science and practice meet. In R.T. Codd (Ed), Practice-based research: A guide for clinicians. New York: Routledge.

B) Practice Research Networks Infrastructures

CCMH (University Counseling centers)

Boswell, J.F., **McAleavey**, A.A., Castonguay, L. G., Locke, B. D., & Hayes, J.A. (2012). Previous Mental Health Service Utilization and Change in Counseling Clients' Depressive Symptoms. Journal of Counseling Psychology, *59*, 368-378.

Carney, D., Castonguay, L.G., **Janis**, R.A., Scofield, B.E, Hayes, J.A., & Locke, B.D. (2019). Center effects: Counseling center variables as predictors of psychotherapy outcome. The Counseling Psychologist, *49*, 1013-1037

Davis, K.A., Zhao, F., **Janis**, R.A., Castonguay, L.G., Hayes, J.A., & Scofield., B.E. (in press). Therapeutic alliance and clinical outcome in in-person psychotherapy and teletherapy: A noninferiority study. Psychotherapy Research

Hayes, J.A., McAleavey, A.A., Castonguay, L.G., & Locke, B.D. (2016). Psychotherapist effects with White and racial/ethnic minority clients: First, the good news. Journal of Counseling Psychology, *63*, 261-268.

Hayes, J.A., Petrovich, J., Janis, R.A., Yang, Y., Castonguay, L.G., & Locke, B.D. (2020). Suicide among college students in psychotherapy: Individual predictors and latent classes. Journal of Counseling Psychology, *67*, 104-114.

Hayes, J.A., Youn, S.J., Castonguay, L.G., Locke, B.D., McAleavey, A.A., & Nordberg, S. (2011). Rates and Predictors of Counseling Center Utilization Among College Students of Color. Journal of College Counseling, *14*, 105-166.

Kawamoto, A., Youn, S. J., Bartholomew, T. T., Castonguay, L. G., & Locke, B. D. (2018). Inter- and intra-group differences in presenting concerns among international students. Counseling Psychology Quarterly, *31*, 186-204.

Kilcullen, J.R., Castonguay, L.G., Janis, R.A., Hallquist, M.N., Hayes, J.A., & Loke, B. D. (2021). Predicting future courses of psychotherapy within a grouped LASSO framework. Psychotherapy Research, *31*, 63-77.

Locke, B.D., McAleavey, A.A., Zhao, Y., Lei, P.W., Hayes, J.A., Castonguay, L.G., Li, H., Tate, R. & Lin, Y.C. (2012). Development and Initial Validation of the Counseling Center Assessment of Psychological Symptoms-34 (CCAPS-34). Measurement and Evaluation in Counseling and Development, *45*, 151-169.

McAleavey, A.A., Castonguay, L.G., Hayes, J.A., Locke, B.D. (2020). Multilevel vs single level factor analysis. Differentiating within-person and between-person variability using the CCAPS-34. Journal of Consulting and Clinical Psychology, *88*, 907-922.

McAleavey, A.A., Castonguay, L.G., & Locke, B.D. (2011). Sexual Orientation Minorities in College Counseling: Prevalence, Distress, and Symptom Profiles. Journal of College Counseling, *14*, 127-142.

McAleavey, A.A., Lockard, A.J., Castonguay, L.G., Hayes, J.A., & Locke, B.D. (2015). Building a practice research network: Obstacles faced and lessons learned at the center for collegiate mental health. Psychotherapy Research, *25*, 134-151.

McAleavey, A. A., Nordberg, S. S., Hayes, J. A., Castonguay, L. G., Locke, B. D., & Lockard, A. J. (2012). Clinical validity of the Counseling Center Assessment of Psychological Symptoms-62 (CCAPS-62). Journal of Counseling Psychology, *59*, 575-590.

McAleavey, A.A., Youn, S.J., Xiao, H., Castonguay, L.G., Hayes, J.A., & Locke, B.D. (2019). Effectiveness of routine psychotherapy: Methods matters. Psychotherapy Research, *29*, 139-156

Nordberg, S.S., Castonguay, L.G., **McAleavey**, A.A., Locke, B.D., & Hayes, J.A. (2016). Enhancing feedback for clinical use: Creating and evaluating profiles of clients seeking counseling. Journal of Counseling Psychology, *63*, 278-293.

Nordberg, S. S., Hayes, J. A., **McAleavey**, A. A., Castonguay, L. G., & Locke, B.D. (2013). Treatment utilization on college campuses: Who seeks help for what? Journal of College Counseling, *16*, 258-274.

Nordberg, S. S., McAleavey, A. A., Duszak, E., Locke, B. D., Hayes, J. A., & Castonguay, L. G. (2018). The Counseling Center Assessment of Psychological Symptoms Distress Index: A pragmatic exploration of general factors to enhance a multidimensional scale. Counseling Psychology Quarterly, *31*, 25-41.

Pottschmidt, N. R., Castonguay, L. G., **Janis**, R. A., **Carney**, D. M., **Kilcullen**, R., **Davis**, K. A., & Scofield, B. E. (2022). Client-therapist convergence on sleep difficulty and its impact on treatment outcomes. Psychotherapy Research, *32*, 663-677

Pottschmidt, N.R., **Janis**, R.A., Scofield, B.E., Cummins, A.L., **Carney**, D.M., **Davis**, K.A., Kilcullen, J.R., Tan, Hongjun (Michael), Castonguay, L.G., & Locke, B.D. (in press). Impacts of the COVID-19 Pandemic on Treatment-Seeking College Students. Cogent Mental Health

Xiao, H., **Carney**, D.M., **Youn**, S.J., **Janis**, R.B, Castonguay, L.G., Hayes, J.A., & Locke, B.D. (2017). Are we in crisis? National mental health and treatment trends in college counseling centers. Psychological Services, *14*, 407- 415.

Xiao, H., Castonguay, L.G., Hayes, J.A., **Janis**, R. A., & Locke, B.D. (2023). Reconstructing Dropout: Building From Multiple Definitions, Therapist Effects, and Center Effects. Psychotherapy Research, *33*, 146-157.

Xiao, H., Castonguay, L.G., **Janis**, R.B, **Youn**, S.J., Hayes, J.A., & Locke, B.D. (2017). Therapist Effects on Dropout from a College Counseling Center Practice Research Network. Journal of Counseling Psychology, *64*, 424-431.

Xiao, H., Hayes, J.A., Castonguay, L.G., **McAleavey**, A.A., & Locke, B.D. (2017). Therapist effects and the impacts of therapy non-attendance. Psychotherapy, *54*, 58-65.

Youn, S.J., Castonguay, L.G., **Xiao**, H., **Janis**, R., McAleavey, A.A., Lockard, A.J., Locke, B.D., & Hayes, J.A. (2015). The counseling center **assessment** of psychological symptoms (CCAPS): Merging clinical practice, training, and research. Psychotherapy, *52*, 432-441.

Youn, S.J., **Xiao**, H., **McAleavey**, A., Scofield, B.E., Pedersen, T.R., Castonguay, L.G., Hayes, J.A., & Locke, B.D. (2019). Assessing and investigating clinicians' research interests: Lessons on expanding practices and data collection in a large practice research network. Psychotherapy, *56*, 67-82.

PSU Training Clinic

Boswell, J.F., Castonguay, L.G., & Wasserman, R. H. (2010). Effects of Psychotherapy Training and Intervention Use on Session Outcome. Journal of Consulting and Clinical Psychology, 78, 717-723.

Castonguay, L.G., Pincus, A.L., & **McAlevey**, A.A. (2015). Practice-Research Network in a psychology training clinic: Building an infrastructure to foster early attachment to the scientific-practitioner model. Psychotherapy Research, 25, 52-66.

McAlevey, A.A., & Castonguay, L.G. (2014). Insight as a common and specific impact of psychotherapy: Therapist-reported exploratory, directive, and common factors interventions. Psychotherapy, 51, 283-294.

McAlevey, A.A., Castonguay, L.G., & **Xiao**, H. (2014). Therapist orientation, supervision match, and therapeutic interventions: Implication for session quality in a psychotherapy training practice research network. Counseling and Psychotherapy Research, 14, 192-200.

Nelson, D.L., Castonguay, L.G. (2017). The Systematic Use of Homework in Psychodynamic-Interpersonal Psychotherapy for Depression: An Assimilative Integration Approach. Journal of Psychotherapy Integration, 27, 265-281.

Nordberg, S.S., Castonguay, L.G., Fisher, A.J., **Boswell**, J.F., & Kraus, D. (2014). Validating the rapid responder construct within a practice research network. Journal of Clinical Psychology, 70, 886-903.

Private Practice

Castonguay, L.G., **Boswell**, J.F., **Zack**, S., Baker, S., Boutselis, M., Chiswick, N., Damer, D., Hemmelstein, N., Jackson, J., Morford, M., Ragusea, S., Roper, G., Spayd, C., Weiszer, T., Borkovec, T.D., & Grosse Holtforth, M. (2010). Helpful and hindering events in psychotherapy: A practice research network study. Psychotherapy: Theory, Research, Practice, and Training, 47, 327-344.

Castonguay, L.G., **Janis**, R.A., **Youn**, S.J., **Xiao**, H., **McAlevey**, A.A., **Boswell**, J.F., **Carney**, D., Boutselis, M., Braver, M., Chiswick, N., Hemmelstein, N., Jackson, J., Lytle, R., Morford, M., Scott, H., Spayd, C., & O'Leary Wiley (2017). Clinicians' prediction and recall of therapeutic interventions: A practice research network study. Counseling Psychology Quarterly, 30, 308-322.

Castonguay, L., **Nelson**, D., Boutselis, M., Chiswick, N., Damer, D., Hemmelstein, N., Jackson, J., Morford, M., Ragusea, R., Roper, G., Spayd, C., Weiszer, T. & Borkovec, T., (2010). Clinicians and/or Researchers? A Qualitative Analysis of Therapists' Experiences

in a Practice Research Network. Psychotherapy: Theory, Research, Practice, and Training, 47, 345-354.

Kilcullen, J.R., Castonguay, L.G., Carney, D.M., Davis, K.A., Pottschmidt, Knapp, S.J., Jackson, C.L., Hemmelstein, N.A., & Frakes, A.M. (2023). Peer consultation for early career psychotherapists. In L.G. Castonguay & C.E. Hill (Eds.). Becoming better therapists: Advancing training and supervision in psychotherapy. Washington, D.C.: American Psychological Association Press.

C) Studies as part of randomized clinical trials

Constantino, M.J., Castonguay, L.G., Coyne, A.E., Boswell, J.F., & Newman, M.G. (2023). Baseline Overly Accommodating Interpersonal Problems in Relation to Parsed Alliance-Outcome Associations in Cognitive Behavioral Therapy for Generalized Anxiety Disorder. Psychotherapy Research, 33, 3-15.

King, B. R., Boswell, J. F., Schwartzman, C. M., Lehrback, K., Castonguay, L. G., & Newman, M. G. (2020). Use of Common and Unique Techniques in the Early Treatment Phase for Cognitive-Behavioral, Interpersonal/Emotional, and Supportive Listening Interventions for Generalized Anxiety Disorder. Psychotherapy, 57, 457-463.

Newman, M.G., Castonguay, L.G., Borkovec, T.D., Fisher, A.J., Boswell, J.F., Szkodny, L. & Nordberg, S. (2011). A Randomized Controlled Trial of Cognitive-Behavioral Therapy for Generalized Anxiety Disorder with Integrated Techniques from Emotion-focused and Interpersonal Therapies. Journal of Consulting and Clinical Psychology, 79, 171-181.

Newman, M.G., Castonguay, L.G., Borkovec, T.D., Fisher, A.J., & Nordberg, S. (2008). An open trial of integrative therapy for generalized anxiety disorder. Psychotherapy: Theory, Research, Practice, and Training, 45, 135-147.

Youn, S.J., Xiao, H., Kim, H., Castonguay, L.G., McAleavey, A., Newman, M.G., & Safran, J.D. (2017). Effective and less effective therapists for generalized anxiety disorder: Are they conducting therapy the same way. In L.G. Castonguay & C.E. Hill (Eds.). Therapist effects: Toward understanding how and why some therapists are better than others. Washington, D.C.: American Psychological Association Press